

## Lesson A 6 - Walk By The Spirit and LIVE!

A. The physical act of walking, when evaluated by a trained observer, tells much about the condition, characteristics and even the character of the observed. In your group list some of the things you can tell about a person from their physical walk: [Note: Don't forget to include PROGRESS, ZEAL, DETERMINATION , etc.]

B. Read Genesis 5:22 and 6:9. From the ancient days, the term WALKED was used to describe more than traveling on foot. Based on the passages you have just read and using your own words, describe the activity mentioned:

C. In the following passages we are told some of the ways we are not supposed to WALK. See if you can attach a practical or contemporary understanding to each of them [Note that some translations use the word CONDUCT or LIVE instead of the actual word WALK in the following]:

1. I John 1:6
2. I John 2:11
3. I Corinthians 3:3
4. II Corinthians 4:2
5. Ephesians 2:2
6. Ephesians 4:17-20
7. II Thessalonians 3:11

D. In the following, we are given some ways that we are supposed to walk. Attempt once again to attach a practical or contemporary understanding to each of them:

1. Ephesians 5:5-10
2. Romans 6:4
3. Romans 14:15
4. Eph.4:1 & Col.1:10
5. II Corinthians 5:7
6. Philippians 3:17
7. Colossians 4:5

E. Think rather carefully about this one, it's a bit tricky: According to II Corinthians 10:2 and 10:3 there is a walk related to the flesh which is appropriate and one which is not. What are these two walks and how do they differ?

F. Discuss in your group: With all of these types of WALKS that we are expected to walk (or not walk), how is the believer supposed to be able to live at that standard?

G. With your group... share one area of walking mentioned above that you can believe God for in the coming week (i.e., where will He be helping you -- with your cooperation and faith -- during the coming week?)

