

13-B Fruit of the Spirit

This is the Word of God. It is supernatural in origin, eternal in duration, inexpressible in value, infinite in scope, regenerative in power, infallible in authority, universal in interest, personal in application, and inspired in totality. Read it through, write it down, PRAY IT IN, WORK IT OUT, then pass it on!! (Bill Subritzky)

Fruit

1. **GAL 5:22** But the **FRUIT** (*karpos*) of the Spirit (*pneuma*) is love (*agape*), joy (*chara*), peace (*eirene*), longsuffering (*makrothumia*), kindness (*chrestotes*), goodness (*agathosune*), faithfulness (*pistis*), 23 gentleness (*praotes*), self-control (*egkrateia*). **Against such there is no law (*nomos*).**

The **FRUIT of the Spirit** represents God's character attributes manifested through and within us, as we submit our lives fully to the control of the Holy Spirit. **FRUIT** does not develop on the trunk or from the roots of a tree or vine, but on the branches. Yet, without abiding attachment to the trunk or vine and the root, branches of themselves cannot bear **FRUIT**, but simply wither and die. Those around us that are hungry for God and for someone to love and appreciate them, will **see the FRUIT in YOU**, and come to feast. The **FRUIT** attracts those around us in need. On the other hand, if we bear thorns and thistles, and Satan's evil **FRUIT** of hate, unhappiness, unrest, impatience, meanness, wickedness, unfaithfulness, roughness, and intemperance, we then **BREAK GOD'S LAW**, working against the Law of God, and He against us !!

2. **GEN 1:11** Then God said, "**Let the earth bring forth grass, the herb that yields seed, and the FRUIT tree that yields FRUIT according to its kind, whose seed is in itself, on the earth**"; and it was so.
3. **LEV 25:18** 'So you shall observe My statutes and keep My judgments, and perform them; and you will dwell in the land in safety. 19 'THEN the land will yield its FRUIT, and you will eat your fill, and dwell there in safety.
4. **DEU 22:9** "**You shall not sow your vineyard with different kinds of seed, lest the yield of the seed which you have sown and the FRUIT of your vineyard be defiled.**
5. **MAT 3:8** "Therefore bear **FRUITS worthy of repentance**, 10 "And even now the ax is laid to the root of the trees. Therefore **every tree which does not bear good FRUIT is cut down and thrown into the fire.**
6. **MAT 7:15** "**Beware of false prophets, who come to you in sheep's clothing, but inwardly they are ravenous wolves.** 16 "**You will know them by their FRUITS.** Do men gather grapes from thornbushes or figs from thistles? 17 "Even so, every good tree bears good FRUIT, but a bad tree bears bad FRUIT. 18 "**A good tree cannot bear bad FRUIT, nor can a bad tree bear good FRUIT.** 19 "Every tree that does not bear good FRUIT is cut down and thrown into the fire. 20 "**Therefore by their FRUITS you will know them.**
7. **JOH 15:1** "**I am the true vine, and My Father is the vinedresser.** 2 "**EVERY branch in Me that does not bear FRUIT He takes away; and EVERY branch that bears FRUIT He prunes, that it may bear more FRUIT.** 3 "You are already clean because of the word which I have spoken to you. 4 "**Abide in Me, and I in you. As the branch cannot bear FRUIT of itself, unless it abides in the vine, neither can you, unless you abide in Me.** 5 "**I am the vine, you are the branches. He who abides in Me, and I in him, bears much FRUIT; for without Me you can do nothing.** 6 "If anyone does not abide in Me, he is cast out as a branch and is withered; and they gather them and throw them into the fire, and they are burned. 7 "If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you. 8 "**By this My Father is glorified, that you bear much FRUIT; so you will be My disciples.**
8. **JOH 15:16** "**You did not choose Me, but I chose you and appointed you that you should go and bear FRUIT, and that your FRUIT should remain,** that whatever you ask the Father in My name He may give you.
9. **ROM 7:4** Therefore, **my brethren, you also have become dead to the law through the body of Christ, that you may be married to another—to Him who was raised from the dead, that we should bear FRUIT to God.** 5 **For when we were in the flesh, the sinful passions which were aroused by the law were at work in our members to bear FRUIT to death.** 6 But now we have been delivered from the law, having died to what we were held by, so that we should serve in the newness of the Spirit and not in the oldness of the letter.
10. **EPH 5:8** **For you were once darkness, but now you are light in the Lord. Walk as children of light** 9 (for the **FRUIT of the Spirit is in all goodness, righteousness, and truth**),
11. **PHI 1:9** And **this I pray, that your love may abound still more and more in knowledge and all discernment**, 10 that you may approve the things that are excellent, **that you may be sincere and without offense till the day of Christ**, 11 **being filled with the FRUITS of righteousness** which are by Jesus Christ, to the glory and praise of God.
12. **COL 1:6** (*The Gospel*) **which has come to you, as it has also in all the world, and is bringing forth FRUIT, as it is also among you since the day you heard and knew the grace of God in truth;**
13. **REV 22:1** **And he showed me a pure river of water of life, clear as crystal, proceeding from the throne of God and of the Lamb.** 2 **In the middle of its street, and on either side of the river, was the tree of life, which bore twelve FRUITS, each tree yielding its FRUIT every month.** The leaves of the tree were for the healing of the nations. 3 And **there shall be no more curse**, but the throne of God and of the Lamb shall be in it, and His servants shall serve Him. 4 **They shall see His face, and His name shall be on their foreheads.** 5 **There shall be no night there: They need no lamp nor light of the sun, for the Lord God gives them light. And they shall reign forever and ever.**

Love (agape)

God's agape love is the foundation of our life in and through Him, and it is the foundation of each of the fruit of the Spirit. Joy is loves' strength. Peace is loves' security. Patience is loves' endurance. Kindness is loves' conduct. Goodness is loves' character. Faith is loves' confidence. Meekness is loves' humility. Self-control is loves' victory.

14. **GAL 5:6** For **in Christ Jesus neither circumcision nor uncircumcision avails anything, but FAITH WORKING THROUGH LOVE.**
15. **GAL 5:13** For **you, brethren, have been called to liberty; only do not use liberty as an opportunity for the flesh, but THROUGH LOVE SERVE ONE ANOTHER.** 14 For **all the law is fulfilled in one word, even in this: "You shall LOVE YOUR NEIGHBOR AS YOURSELF."**
16. **GAL 6:2** **Bear one another's burdens, and so fulfill the law of Christ.**
17. **ROM 5:3** And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; 4 and perseverance, character; and character, hope. 5 Now hope does not disappoint, because the **LOVE** of God has been poured out in our hearts by the Holy Spirit who was given to us.
18. **ROM 12:9** **Let LOVE (agape) be without hypocrisy. Abhor what is evil. Cling to what is good.** 10 **Be kindly affectionate to one another WITH BROTHERLY LOVE, in honor giving preference to one another;** 11 not lagging in diligence, fervent in spirit, serving the Lord; 12 rejoicing in hope, patient in tribulation, continuing steadfastly in prayer; 13 distributing to the needs of the saints, given to hospitality. 14 Bless those who persecute you; bless and do not curse. 15 Rejoice with those who rejoice, and weep with those who weep. 16 Be of the same mind toward one another. Do not set your mind on high things, but associate with the humble. Do not be wise in your own opinion. 17 Repay no one evil for evil. Have regard for good things in the sight of all men. 18 If it is possible, as much as depends on you, live peaceably with all men.
19. **1CO 13:4** **LOVE is patient, LOVE is kind. It does not envy, it does not boast, it is not proud.** 5 It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. 6 **LOVE** does not delight in evil but rejoices with the truth. 7 It always protects, always trusts, always hopes, always perseveres. 8 **LOVE** never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away. 13 And now these three remain: faith, hope and **LOVE**. But the greatest of these is **LOVE**. (NIV)
20. **EPH 5:1** Therefore **be imitators of God as dear children.** 2 **And walk in LOVE, as Christ also has loved us and given Himself for us,** an offering and a sacrifice to God for a sweet-smelling aroma.
21. **COL 3:14** But **above all these things put on LOVE, which is the bond of perfection.**
22. **1TH 4:9** But **concerning brotherly LOVE you have no need that I should write to you, for you yourselves are taught by God to LOVE one another;** 10 and indeed you do so toward all the brethren who are in all Macedonia. **But we urge you, brethren, that you increase (in love) more and more;**
23. **1PE 1:22** **Since you have purified your souls in obeying the truth through the Spirit in sincere LOVE of the brethren, LOVE one another fervently with a pure heart,** 23 having been born again, not of corruptible seed but incorruptible, through the word of God which lives and abides forever,
24. **1PE 1:5** who are kept by the power of God through faith for salvation ready to be revealed in the last time. 6 In this you greatly rejoice, though now for a little while, if need be, you have been grieved by various trials, 7 that the genuineness of your faith, being much more precious than gold that perishes, though it is tested by fire, may be found to praise, honor, and glory at the revelation of Jesus Christ, 8 whom having not seen you **LOVE**. Though now you do not see Him, yet believing, you rejoice with joy inexpressible and full of glory,
25. **1JO 4:7** **Beloved, let us LOVE one another, for LOVE is of God; and everyone who loves is born of God and knows God.** 8 **He who does not LOVE does not know God, for GOD IS LOVE.** 9 In this the **LOVE** of God was manifested toward us, that God has sent His only begotten Son into the world, that we might live through Him. 10 In this is **LOVE**, not that we loved God, but that He loved us and sent His Son to be the propitiation for our sins. 11 **Beloved, if God so loved us, we also ought to LOVE ONE ANOTHER.**

Joy (chara)

Happiness is based on circumstances, so it comes from outside us. It is experienced in our soul. **JOY** is independent of circumstances, since it comes from our spirit within us. All true **JOY** comes from Jesus. **JOY** comes from our heart, our spirit, but also is experienced in our soul.

26. **1CH 29:22** So **they ate and drank before the LORD with GREAT GLADNESS on that day.** And they made Solomon the son of David king the second time, and anointed him before the Lord to be the leader, and Zadok to be priest.
27. **PRO 10:28** **The prospect of the righteous is JOY,** but the hopes of the wicked come to nothing.
28. **PSA 16:11** **You will show me the path of life; In Your presence is fullness of JOY;** At Your right hand are pleasures forevermore.
29. **PSA 28:7** **The LORD is my strength and my shield; my heart trusts in him, and I am helped. My heart leaps for JOY and I will give thanks to him in song.**
30. **PSA 30:11** **You have turned for me my mourning into dancing; You have put off my sackcloth and clothed me with GLADNESS.** 12 To the end that my glory may sing praise to You and not be silent. O Lord my God, I will give thanks to You forever.

31. **PSA 105:43** He brought out His people with JOY, His chosen ones with GLADNESS.
32. **PSA 126:1** When the Lord brought back the captivity of Zion, We were like those who dream. 2 Then our mouth was filled with LAUGHTER, And our tongue with singing. Then they said among the nations, “The Lord has done great things for them.” 3 The Lord has done great things for us, And we are GLAD.
33. **JOB 33:26** He shall pray to God, and He will delight in him, He shall see His face with JOY, For He restores to man His righteousness.
34. **ISA 55:12** “For you shall go out with JOY, And be led out with peace; The mountains and the hills Shall break forth into singing before you, And all the trees of the field shall clap their hands.
35. **ISA 65:19** I will rejoice in Jerusalem, And JOY in My people; The voice of weeping shall no longer be heard in her, Nor the voice of crying.
36. **JOE 2:23** Be glad then, you children of Zion, And rejoice in the Lord your God; For He has given you the former rain faithfully, And He will cause the rain to come down for you—The former rain, And the latter rain in the first month.
37. **NEH 8:10** Then he said to them, “Go your way, eat the fat, drink the sweet, and send portions to those for whom nothing is prepared; for this day is holy to our Lord. Do not sorrow, for the JOY of the Lord is your strength.”
38. **ZEP 3:14** Sing, O daughter of Zion! Shout, O Israel! Be glad and rejoice with all your heart, O daughter of Jerusalem!
39. **LUK 10:21** At that time Jesus, full of JOY through the Holy Spirit, said, “I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. Yes, Father, for this was your good pleasure.
40. **LUK 19:37** When he came near the place where the road goes down the Mount of Olives, the whole crowd of disciples began JOYFULLY to praise God in loud voices for all the miracles they had seen:
41. **JOH 15:11** I have told you this so that my JOY may be in you and that your JOY may be complete.
42. **ACT 13:52** And the disciples were filled with JOY and with the Holy Spirit.
43. **ACT 16:34** The jailer brought them into his house and set a meal before them; he was filled with JOY because he had come to believe in God—he and his whole family. (NIV)
44. **ROM 14:17** for the kingdom of God is not eating and drinking, but righteousness and peace and JOY in the Holy Spirit.
45. **ROM 15:13** Now may the God of hope fill you with all JOY and peace in believing, that you may abound in hope by the power of the Holy Spirit.
46. **PHI 3:3** For we are the circumcision, who worship God in the Spirit, REJOICE in Christ Jesus, and have no confidence in the flesh.

Peace (eirene)

47. **ISA 54:10** For the mountains shall depart And the hills be removed, But My kindness shall not depart from you, Nor shall MY COVENANT OF PEACE be removed,” Says the Lord, who has mercy on you.
48. **JOH 14:26** “But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you. 27 “PEACE I leave with you, MY PEACE I give to you; not as the world gives do I give to you. Let NOT your heart be troubled, neither let it be afraid.
49. **JOH 16:33** “These things I have spoken to you, that in Me you may have PEACE. In the world you will have tribulation; but be of good cheer, I have overcome the world.”
50. **PHI 4:6** Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the PEACE OF GOD, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.
51. **COL 3:12** Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering; 13 bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do. 14 But above all these things put on love, which is the bond of perfection. 15 AND LET THE PEACE OF GOD RULE IN YOUR HEARTS, to which also you were called in one body; and be thankful. 16 Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.
52. **HEB 12:14** PURSUE PEACE with all people, and holiness, without which no one will see the Lord:
53. **JAM 3:17** But the wisdom that is from above is first pure, then PEACEABLE, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy.

Patience or Longsuffering (makrothumia)

There are two words that express the concept of **PATIENCE** in the New Testament: 1) **Makrothumia** (great temper)--patience with regards to persons, and 2) **Hupomone** (to abide under)--patience with regard to things or circumstances. We need both kinds of longsuffering--patience with people who irritate and provoke us, and patience in the annoying circumstances or trials of life. The word used here by the Apostle Paul is makrothumia, patience with regard to **persons**.

54. **EPH 4:1** I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, 2 with all lowliness and gentleness, with LONGSUFFERING, bearing with one another in love, 3 endeavoring to keep the unity of the Spirit in the bond of peace.
55. **COL 1:9** For this reason we also, since the day we heard it, do not cease to pray for you, and to ask that you may be filled with the knowledge of His will in all wisdom and spiritual understanding; 10 that you may walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God; 11 strengthened with all might, according to His glorious power, for all PATIENCE and LONGSUFFERING with joy; 12 giving thanks to the Father who has qualified us to be partakers of the inheritance of the saints in the light. 13 He has delivered us from the power of darkness and conveyed us into the kingdom of the Son of His love.
56. **COL 3:12** Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, LONGSUFFERING; 13 bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do.
57. **1TI 1:16** However, for this reason I obtained mercy, that in me first Jesus Christ might show all LONGSUFFERING, AS A PATTERN to those who are going to believe on Him for everlasting life.
58. **2TI 3:10** (Paul speaking) But you have carefully followed my doctrine, manner of life, purpose, faith, LONGSUFFERING, love, perseverance, 11 persecutions, afflictions, which happened to me at Antioch, at Iconium, at Lystra—what persecutions I endured. And out of them all the Lord delivered me.
59. **2TI 4:2** Preach the word! Be ready in season and out of season. Convince, rebuke, exhort, with all LONGSUFFERING and teaching.
60. **HEB 6:11** And we desire that each one of you show the same diligence to the full assurance of hope until the end, 12 that you do not become sluggish, but imitate those who through faith and PATIENCE inherit the promises.
61. **JAM 5:10** My brethren, take the prophets, who spoke in the name of the Lord, as an example of suffering and PATIENCE. 11 Indeed we count them blessed who endure. You have heard of the perseverance of Job and seen the end intended by the Lord—that the Lord is very compassionate and merciful.
62. **2PE 3:14** Therefore, beloved, looking forward to these things, be diligent to be found by Him in peace, without spot and blameless; 15 and consider that the LONGSUFFERING of our Lord is salvation—as also our beloved brother Paul, according to the wisdom given to him, has written to you,

Kindness or Gentleness (chrestotes)
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63. **ROM 2:4** Or do you despise the riches of His GOODNESS, forbearance, and longsuffering, not knowing that the GOODNESS of God leads you to repentance?
64. **rom 3:12** They have all turned aside; They have together become unprofitable; There is none who does GOOD, no, not one.”
65. **ROM 11:21** For if God did not spare the natural branches, He may not spare you either. 22 Therefore consider the GOODNESS and severity of God: on those who fell, severity; but toward you, GOODNESS, if you continue in His GOODNESS. Otherwise you also will be cut off.
66. **2CO 6:6** by purity, by knowledge, by longsuffering, by KINDNESS, by the Holy Spirit, by sincere love,
67. **EPH 2:7** But God, who is rich in mercy, because of His great love with which He loved us, 5 even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), 6 and raised us up together, and made us sit together in the heavenly places in Christ Jesus, 7 that in the ages to come He might show the exceeding riches of His grace in His KINDNESS toward us in Christ Jesus.
68. **COL 3:12** Therefore, as the elect of God, holy and beloved, put on tender mercies, KINDNESS, humility, meekness, longsuffering; 13 bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do.
69. **TIT 3:4** But when the KINDNESS and the love of God our Savior toward man appeared, 5 not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit, 6 whom He poured out on us abundantly through Jesus Christ our Savior, 7 that having been justified by His grace we should become heirs according to the hope of eternal life.8 This is a faithful saying, and these things I want you to AFFIRM CONSTANTLY, that those who have believed in God should be careful to maintain good works. These things are good and profitable to men.

Goodness (agathosune)

70. **ROM 15:14** Now I myself am confident concerning you, my brethren, that you also are full of GOODNESS (agathosune), filled with all knowledge, able also to admonish one another.
71. **EPH 5:8** For you were once darkness, but now you are light in the Lord. Walk as children of light 9 (for the fruit of the Spirit is in all GOODNESS (agathosune), righteousness, and truth), 10 finding out what is acceptable to the Lord.
72. **2TH 1:11** Therefore we also pray always for you that our God would count you worthy of this calling, and fulfill all the good pleasure of His GOODNESS (agathosune) and the work of faith with power, 12 that the name of our Lord Jesus Christ may be glorified in you, and you in Him, according to the grace of our God and the Lord Jesus Christ.

Faithfulness (pistis)

73. **PSA 36:5** Your mercy, O Lord, is in the heavens; Your FAITHFULNESS reaches to the clouds.
74. **PSA 40:10** I have not hidden Your righteousness within my heart; **I have declared Your FAITHFULNESS and Your salvation; I have not concealed Your lovingkindness and Your truth From the great assembly.**
75. **PSA 89:8** O Lord God of hosts, Who is mighty like You, O Lord? Your FAITHFULNESS also surrounds You.
76. **ISA 11:5** Righteousness shall be the belt of His loins, And FAITHFULNESS the belt of His waist.
77. **LAM 3:22** Through the Lord's mercies we are not consumed, Because His compassions fail not. 23 They are new every morning; **Great is Your FAITHFULNESS.**
78. **HOS 2:20** **I will betroth you to Me in FAITHFULNESS, And you shall know the Lord.**
79. **2TH 1:3** We are bound to thank God always for you, brethren, as it is fitting, because YOUR FAITH GROWS EXCEEDINGLY, and the love of every one of you all abounds toward each other, 4 so that we ourselves boast of you among the churches of God for your patience and FAITH in all your persecutions and tribulations that you endure.
80. **ROM 3:3** For what if some did not believe? Will their unbelief make the faithfulness of God without effect?
81. **MAT 9:22** But Jesus turned around, and when He saw her He said, "Be of good cheer, daughter; your FAITH has made you well." And the woman was made well from that hour.
82. **MAT 9:29** Then He touched their eyes, saying, "According to your FAITH let it be to you."
83. **MAT 15:28** Then Jesus answered and said to her, "O woman, great is your FAITH! Let it be to you as you desire." And her daughter was healed from that very hour.
84. **MAR 11:22** So Jesus answered and said to them, "Have FAITH in God, 23 "For assuredly, I say to you, whoever says to this mountain, 'Be removed and be cast into the sea,' and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says.
85. **ACT 3:16** And His name, through FAITH in His name, has made this man strong, whom you see and know. Yes, the FAITH which comes through Him has given him this perfect soundness in the presence of you all.
86. **ACT 6:8** And Stephen, full of FAITH and power, did great wonders and signs among the people.
87. **ACT 14:22** strengthening the souls of the disciples, exhorting them to continue in the FAITH, and saying, "We must through many tribulations enter the kingdom of God."
88. **ROM 1:17** For in it the righteousness of God is revealed from FAITH to FAITH; as it is written, "The just shall live by FAITH."
89. **ROM 3:28** Therefore we conclude that a man is justified by FAITH apart from the deeds of the law. 31 Do we then make void the law through FAITH? Certainly not! On the contrary, we establish the law.
90. **GAL 3:14** that the blessing of Abraham might come upon the Gentiles in Christ Jesus, that we might receive the promise of the Spirit through FAITH.
91. **2TI 2:11** This is a faithful saying: For if we died with Him, We shall also live with Him. 12 If we endure, We shall also reign with Him. If we deny Him, He also will deny us. 13 **IF WE ARE FAITHLESS, HE REMAINS FAITHFUL; He cannot deny Himself.**
92. **REV 3:14** "And to the angel of the church of the Laodiceans write, "These things says the Amen, THE FAITHFUL AND TRUE WITNESS, the Beginning of the creation of God:

Meekness (praotes)

93. **NUM 12:3** (Now the man Moses was very humble, more than all men who were on the face of the earth.)
94. **PSA 22:26** The MEEK shall eat and be satisfied: they shall praise the LORD that seek him: your heart shall live for ever.
95. **PSA 25:9** The HUMBLE He guides in justice, And the HUMBLE He teaches His way.
96. **PSA 37:11** But the MEEK shall inherit the earth, And shall delight themselves in the abundance of peace.
97. **ZEP 2:3** Seek the Lord, all you meek of the earth, Who have upheld His justice. Seek righteousness, SEEK HUMILITY. It may be that you will be HIDDEN IN THE DAY OF THE LORD'S ANGER.
98. **MAT 5:5** Blessed are the MEEK, For they shall inherit the earth.
99. **MAT 11:28** "Come to Me, all you who labor and are heavy laden, and I will give you rest. 29 "Take My yoke upon you and learn from Me, for I am gentle (*praos*) and lowly in heart, and you will find rest for your souls. 30 "For My yoke is easy and My burden is light."
100. **2CO 10:1** Now I, Paul, myself am pleading with you by the MEEKNESS (*praotes*) and gentleness of Christ—who in presence am lowly among you, but being absent am bold toward you.
101. **GAL 6:1** Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of GENTLENESS (*praotes*), considering yourself lest you also be tempted.
102. **EPH 4:1** I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, 2 with all lowliness and GENTLENESS (*praotes*), with longsuffering, bearing with one another in love, 3 endeavoring to keep the unity of the Spirit in the bond of peace.
103. **COL 3:12** Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, MEEKNESS (*praotes*), longsuffering; 13 bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do.
104. **1TI 6:11** But you, O man of God, flee these things and pursue righteousness, godliness, faith, love, patience, GENTLENESS (*praotes*). 12 Fight the good fight of faith, lay hold on eternal life, to which you were also called and have confessed the good confession in the presence of many witnesses.
105. **2TI 2:24** And a servant of the Lord must not quarrel but be gentle to all, able to teach, patient, 25 in HUMILITY (*praotes*) correcting those who are in opposition, if God perhaps will grant them repentance, so that they may know the truth, 26 and that they may come to their senses and escape the snare of the devil, having been taken captive by him to do his will.
106. **TIT 3:1** Remind them to be subject to rulers and authorities, to obey, to be ready for every good work, 2 to speak evil of no one, to be peaceable, gentle, showing all HUMILITY (*praotes*) to all men.

Self-Control (egkrateia)

107. **PRO 25:16** Have you found honey? Eat only as much as you need, Lest you be filled with it and vomit.
108. **PRO 31:3** Do not give your strength to women, Nor your ways to that which destroys kings, 4 It is not for kings, O Lemuel, It is not for kings to drink wine, Nor for princes intoxicating drink; 5 Lest they drink and forget the law, And pervert the justice of all the afflicted. 6 Give strong drink to him who is perishing, And wine to those who are bitter of heart.
109. **ACT 24:24** And after some days, when Felix came with his wife Drusilla, who was Jewish, he sent for Paul and heard him concerning the faith in Christ. 25 Now as he reasoned about righteousness, SELF-CONTROL, and the judgment to come, Felix was afraid and answered, "Go away for now; when I have a convenient time I will call for you."
110. **1CO 9:24** Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it. 25 And everyone who competes for the prize is TEMPERATE IN ALL THINGS. Now they do it to obtain a perishable crown, but we for an imperishable crown. 26 Therefore I run thus: not with uncertainty. Thus I fight: not as one who beats the air. 27 But I DISCIPLINE my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified.
111. **TIT 1:7** For a bishop must be blameless, as a steward of God, not self-willed, not quick-tempered, not given to wine, not violent, not greedy for money, 8 but hospitable, a lover of what is good, sober-minded, just, holy, SELF-CONTROLLED, 9 holding fast the faithful word as he has been taught, that he may be able, by sound doctrine, both to exhort and convict those who contradict.
112. **TIT 2:11** For the grace of God that brings salvation has appeared to all men, 12 teaching us that, DENYING UNGODLINESS AND WORLDLY LUSTS, we should live soberly, righteously, and godly in the present age, 13 looking for the blessed hope and glorious appearing of our great God and Savior Jesus Christ, 14 who gave Himself for us, that He might redeem us from every lawless deed and purify for Himself His own special people, zealous for good works.
113. **1PE 4:1** Therefore, since Christ suffered for us in the flesh, arm yourselves also with the same mind, for he who has suffered in the flesh has ceased from sin, 2 that he no longer should live the rest of his time in the flesh for the lusts of men, but for the will of God. 3 For we have spent enough of our past lifetime in doing the will of the Gentiles—when we walked in lewdness, lusts, drunkenness, revelries, drinking parties, and abominable idolatries. 4 In regard to these, they think it strange that you do not run with them in the same flood of dissipation, speaking evil of you.
114. **2PE 1:2** Grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord, 3 as His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue, 4 by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption that is in the world through lust. 5 But also for this very reason, giving all diligence, add to your faith virtue, to virtue knowledge, 6 to knowledge SELF-CONTROL, to self-control perseverance, to perseverance godliness, 7 to godliness brotherly kindness, and to brotherly kindness love. 8 For if these things are yours and abound, you will be neither barren nor unfruitful in the knowledge of our Lord Jesus Christ. 9 For he who lacks these things is shortsighted, even to blindness, and has forgotten that he was cleansed from his old sins. 10 Therefore, brethren, be even more diligent to make your call and election sure, for if you do these things you will never stumble;

A Warning for Unfruitfulness !!

115. **MAT 7:15** "Beware of false prophets, who come to you in sheep's clothing, but inwardly they are ravenous wolves. 16 "YOU WILL KNOW THEM BY THEIR FRUITS. Do men gather grapes from thornbushes or figs from thistles? 17 "Even so, every good tree bears good fruit, but a bad tree bears bad fruit. 18 "A good tree cannot bear bad fruit, nor can a bad tree bear good fruit. 19 "Every tree that does not bear good fruit is cut down and thrown into the fire. 20 "Therefore by their fruits you will know them. 21 "Not everyone who says to Me, 'Lord, Lord,' shall enter the kingdom of heaven, but he who does the will of My Father in heaven. 22 "MANY will say to Me in that day, 'Lord, Lord, have we not prophesied in Your name, cast out demons in Your name, and done many wonders in Your name?'" 23 "And then I will declare to them, 'I never knew you; depart from Me, you who practice lawlessness!'"
116. **HEB 6:4** For it is impossible for those who were once enlightened, and have tasted the heavenly gift, and have become partakers of the Holy Spirit, 5 and have tasted the good word of God and the powers of the age to come, 6 if they fall away, to renew them again to repentance, since they crucify again for themselves the Son of God, and put Him to an open shame. 7 For the earth which drinks in the rain that often comes upon it, and bears herbs useful for those by whom it is cultivated, receives blessing from God; 8 but if it bears thorns and briars, it is rejected and near to being cursed, whose end is to be burned. 9 But, beloved, we are confident of better things concerning you, yes, things that accompany salvation, though we speak in this manner. 10 For God is not unjust to forget your work and labor of love which you have shown toward His name, in that you have ministered to the saints, and do minister.
117. **JUD 12** These men are blemishes at your love feasts, eating with you without the slightest qualm—shepherds who feed only themselves. They are clouds without rain, blown along by the wind; autumn trees, WITHOUT FRUIT and uprooted—twice dead. (NIV)