

Eve was born unto this world clean and without sin. In the winter of my life thorns grew deep into my soul. I was not born with these thorns. They may have been planted into my body but they grew into every crack of my life. I lived in a continual winter. Even after escaping the actual abuse the next question is how do I escape from the world the abuse put me in? How do I stop having nightmares? How do I make the panic attacks leave? How do I learn to not be afraid of touch? How do I learn to respect sex? How do I learn to think I am okay? When is it I stop wanting to die?

I tried years of counseling, anti-depressant drugs, group therapy and countless other things. Still my nights were still filled with terror, love with my husband was still frightening, and I still believed my life was worthless. I struggled with faith in God, and at times spit curses to him for letting me be tortured in such a way. I tried to run away from the Lord. I stopped going to church. I stopped reading the Bible. I stopped talking to my christian friends. His love kept trying to break through the barriers I had set.

The Lord sent me [light buoy's](#) in my darkness. One of them brought me back to church. She took me through the [steps to freedom](#). It was then I learned something.

Sex forms a spiritual bond. Sex was forced upon me by my father and grandfather. How was I ever to leave those thorns behind if the bond was still intact??

Without These People I would still be living in the Winter

Father God

He promised me forever! He gave his son so I could have everlasting life! He loved me no matter what I said or did! He brought love to me!! To Him I am ever grateful and send him never ending Praise!!

My husband Jim

He brought me safely to a place where love is Okay. He cared enough to listen. He promised me his love until death do is part. He was patient with my fears, and held me close. He left me to my thoughts when I needed to think things through. He knew when enough was enough. His faith in the Lord was and still is an inspiration to me!

My Children

My children taught me how to laugh again. They showed me the innocence we were brought into this world with. They showed me how to love the little things again.

Colleen Hastings

To my great friend! She gives easily. Who believes n'iquitte quoi. Thank you dear, for listening, guiding, and all your prayers!

Tiffany Picard

To my light buoy! She brought me through the Steps To Freedom. She sat for six hours and led me back to Father God! She said it was okay to forgive my abusers and still believe what they did was wrong. She brought me to a wonderful church.. several times.

Ron Jones

I thank him and his wife Tina. I am blessed that the Lord called him and he listened. I was afraid to walk into church and find a plastic face staring at me from the front of the room. What I found was an honest man- real in every way!

If it wasn't for them I might never have come back!

Rick Amato

This man inspired me to a great extent! The Lord has lead him to do great things! It was through one of his sermons

I was lead to create this page. If you are cheering - cheer for the LORD!

Thank You Lord for sending these to my life!!

to learn how to break this bond

Pray this out loud to our Lord to break the bond formed through the abuse

Lord, I renounce all the use of my body as an instrument of unrighteousness. I choose now to present my eyes, mouth, mind, heart, hands, feet, and sexual organs to You as instruments of righteousness. I present my whole body to You as a living sacrifice, holy and acceptable, and I choose to reserve the sexual use of my body for marriage only(Heb. 13:4)

I reject the devil's lie that my body is not clean or that it is dirty or in any way unacceptable to You as a result of past sexual experiences. Lord, thank You that You have totally cleansed and forgiven me and that You love and accept me just the way I am. Therefore, I choose to accept myself and my body as clean in your eyes. Amen

Remember we can only truly be saved from the Devil and our sins until we choose Jesus Christ as our savior!

Did you just read this and think no one you know could be a survivor? Do you think it only happens in the slums of the city? The truth is one in four people are sexually abused. Do you know four people?

[Go see for yourself!](#)

Then will I sprinkle clean water upon you, and ye shall be clean: from all your filthiness, and from all your idols, will I cleanse you. A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh and I will give you a heart of flesh. Ezekiel 36:25,26