

# Raelianism

## Summary of the Messages

### SCIENTISTS FROM ANOTHER PLANET CREATED ALL LIFE ON EARTH USING D.N.A.

Traces of this epic masterpiece of creation can be found in all religious writings. It is to them that Moses, Jesus, Buddha and Mohammed referred to. It is now time to welcome them.

### WHAT HAPPENED?

On 13 December 1973 French journalist Rael was contacted by a visitor from an other planet, and asked to establish an **Embassy** to welcome these people back to Earth. The extra-terrestrial was about four feet in height, had long dark hair, almond shaped eyes, olive skin and exuded harmony and humour. He told Rael that "we were the ones who made all life on earth, you **mistook us for gods**, we were at the origin of your main religions. Now that you are mature enough to understand this, we would like to enter **official contact** through an embassy".

### THE MESSAGES

The messages dictated to Rael explain how life on Earth is not the result of random evolution, nor the work of a supernatural 'God'. It is a deliberate creation, using DNA, by a scientifically advanced people who made human beings literally in their image" what one can call "**scientific creationism**". References to these scientists and their work, as well as to their **symbol of infinity** can be found in the ancient texts of many cultures. For example, in Genesis, the biblical account of creation, the word "Elohim" has been mistranslated as "God" in the singular, but it is a plural, which means "those who came from the sky".

Leaving our humanity to progress by itself, the Elohim nevertheless maintained contact with us via prophets including Buddha, Moses, Jesus and Mohammed, all specially chosen and educated by them. The role of the prophets was to progressively educate humanity through the messages they taught, each time adapted to the culture and level of understanding at the time. They were also to leave traces of the Elohim so that we would be able to recognise them as our creators and fellow human beings when we had advanced enough scientifically to understand them.

### THE EMBASSY

Now that Man has put his foot on the moon, and our scientists are creating life through the synthesis of DNA, we are finally capable of understanding our creators rationally instead of mystifying and dumbly adoring them. For this reason the Elohim have contacted French journalist **Rael**. They have asked him to make their final message known throughout the world and to establish an embassy for them where they will officially meet with us and our world governments.

### WHY DO THEY NEED AN EMBASSY?

They are not invaders. They have shown their desire to come but they respect our choice to say no. It is up to us to invite them - and our invitation is the embassy. It's the least we can do. Without the neutrality of an embassy, free air space and an official welcome, an unannounced and undesired landing would have enormous political, economic and social repercussions with disastrous consequences world-wide. Nor do they wish to endorse any government, religion or ideology other than that of the Raelian Philosophy, by contacting any other institution first. Thus they will only come when we build their embassy, such is their love and respect for us.

Following the extra-terrestrial's instructions, Rael established the **Raelian Movement**, an international organization to bring together anyone who wishes to help. It is an atheist, **non-profit**, spiritual organisation; "atheist" because it demystifies the old concept of god, "spiritual" because it links us with our creators and infinity, and "non-profit" because no member gets paid any salary, not even Rael himself. It is a completely **open organization** designed not to convince people, but to allow those who wish to help, to join or leave anytime.

### AIMS

- To inform without convincing.
- To establish the embassy.
- To catalyse a society adapted to the future.

In the message which they dictated to Rael, which he has now published as a series of books, they kindly bring us a new vision of the universe, which provides us with the keys to awakening our own potential and a series of values to revolutionise society. This new philosophy, where spirituality and science meet, is taught at international seminars on every continent and is the final ingredient necessary to ignite a personal and global revolution of individuality, freedom, love and respect. It is already sweeping the globe and allowing humanity to transform war into peace, labour into leisure, poverty into fulfilment and money into love. The Raelian revolution is made up of people from all walks of life, everyone different and fiercely non conformist, turning everything they touch into fun and pleasure.

Check your old religious writings, check out the latest scientific discoveries, check out the UFological evidence and our bibliography and you will find that they are all increasingly supporting the Raelian Message.

### THE RAELIAN PHILOSOPHY

- "We came from another solar system and created all life on earth scientifically, including man in our image....You mistook us for gods...
- We loved you as our own children and sent you wisdom through the Prophets...You distorted our teaching and used it to fight...
- Now that you can understand who we are, we would like to establish contact at an official embassy."
- Quote from the Elohim to humanity, 13 Dec 1973

Welcome to the **Philosophy** page, a subsection of the Raelian Revolution Website. As well as the option of a Quick Summary, from the horizontal bar above, you can also access a fuller account of The Message addressed to humanity by

the Elohim, a review of the social Values which the Elohim advise humanity to live by in order to create a world of love, creativity and fulfillment, and an explanation of the Keys necessary to unlock human potential.

### **ELOHIM: God, gods or Extra-Terrestrials? The misconception of a key word in the Bible**

Before discovering the messages revealed by the Extra-Terrestrials, on December 13, 1973, in the following pages, let us stop a few moments to consider a book which we have all heard about: " the Bible". In the original texts written in Hebrew, one can read in the first three words of Genesis

**"Bereshit bara Elohim ...".**

In the fourth century, Jerome, one of the fathers of Christianity, translated these words in the Vulgate as: "**In principio creavit Deus caelum et terram ...** "

### **ELOHIM, a key word in the Bible**

Elohim, a plural masculine Hebrew noun, was translated into the Latin word Deus, " God " in the singular. In the Hebrew language, the singular word for ELOHIM is ELOHA. In Hebrew, the suffix -im is ALWAYS the mark for the plural. There is no exception to this rule in the entire Hebrew language. The Bible, which transmitted the idea of the existence of divine entities, should have translated the word by a plural GODS, whereas it was translated in the singular GOD, which is already a mistake in itself, not to say a betrayal of the scriptures. It is important to note that the notion of plural for Majesty does not exist in Hebrew. Bibliography confirming this fact :

- The Chouraqui version of the Bible
- The Edouard Dhorme version of the Bible
- The " Hebraic grammar " of Father Jouon
- " The Gods of Israel " by Andre Cherpillod
- " Elohim " by Roger Vigneron

**The literal translation of the word Elohim does not signify God but: " Those who came from the sky "**

### **The Message given by the Extra-terrestrials:**

#### **The Contact**

On December 13, 1973, in the heart of the Puy de Lassolas crater, near Clermond-Ferrand in the center of France, a journalist « Claude VORILHON », saw a metallic looking engine about 7 meters in diameter in the shape of a flattened bell, descend from the sky. It resembled no existing terrestrial technology. Astounded, he saw the engine stop and a trap door open. A human being of small size (1,20 m) descended and approached him. Reassured by the pacifist attitude of the visitor, Claude Vorilhon wanted to communicate and questioned him in French: - Where do you come from? He heard the small being answer: - From very far, from another planet... I have come to meet you, you Claude Vorilhon... I have many things to tell you and I have chosen you for a difficult mission... You are going to transmit to humans what I am going to tell you, and according to their reactions, we will see if we can officially show ourselves to them... I know that you have recently read the Bible, come into my machine, we will be more comfortable to talk...

#### **A very tight link ties the Extra-Terrestrials to Humanity**

It was from this contact that Claude Vorilhon, named "**RAEL** " by this Extra-Terrestrial, was to speak about the Message which was given to him throughout all the continents and to explain the very tight link which ties this Extra-Terrestrial's civilization to ours since the earliest of times on earth. In this message, he demystifies the origin of life on earth by translating the biblic texts into a language of our time.

#### **A long time ago, there was the verb...**

A very long time ago on a distant planet, the development of knowledge made it possible to scientifically create life. The ethics committees at the time, which were put in place by this distant government, banned such experiments from being done on their planet. The scientific teams were given the material and technological means to go and explore other planets in order to continue these projects deemed dangerous for the population. Our planet, « the earth », was one of these sites where such research was applied, in particular the synthesis of life in laboratories.

#### **The Message given by the Extra-Terrestrials:**

**And the spirit of Elohim moved across the waters..... (Genesis 1-2)** They made reconnaissance flights and artificial satellites were placed around the Earth to study its constitution and atmosphere, as we are currently doing on Mars or Jupiter.

**Then, they started a vast terraforming project,** in other words, planning of the soil and the implementation of a big colony of technicians, scientists in all disciplines and artists. They pursued the project they were forced to stop on their planet of origin : the creation of life.

#### **And the word became flesh...**

The work done in genetical engineering allowed them to conceive all imaginable life forms on a planet which could offer such a luxury of possibilities since it was virgin. After the creation of elementary life forms from the synthesis of DNA, they created more complex forms: first was plant life. The efforts were directed towards reproductive principles. Then, there were the aquatic animals, which were carefully conceived so as to find the right ecological balance; then came birds of all sorts. The conjunction of the scientist's and artist's ideas gave diverse and remarkable colors, forms and attitudes to life on earth.

Let us make man in our image after our likeness.... Despite strict directives from their government after the creation of terrestrial animals, some scientists were tempted to reproduce a being with human shape and behaviour. These works, which were done in total secrecy, succeeded after a long period of trials and prototypes. The public opinion on their planet was scandalized when they discovered the facts. Public opinion was forced to accept that the first humans were a reality. So, the experiment was continued officially, with orders as strict as the previous ones: to keep these new creatures in total ignorance of their origin.

### **The Message given by the Extra-Terrestrials: Scientific creation of life : an unwavering cycle in the infinite**

At this time in their history, these scientists were not aware yet that they had given birth to a new humanity on earth : our Humanity. They were merely repeating an unwavering cycle in the cosmos : : **the created will one day become creator.**

### **Grow and Multiply**

Then, after the first humans spread across the surface of the earth, and the presence of the Elohim was no longer indispensable, the creators left the earth in order to let humans grow and multiply, as it is written in Genesis.

### **All the major religions were founded by ambassadors chosen by the Elohim.**

At every decisive step on all the different continents, the creators gave inconspicuous help to Man by sending them guides " **the prophets** " Their mission was to remind humans of the work of creation and to teach them the rules which are indispensable to elevate each person's level of consciousness.

### **The translators in biblical times could not understand**

While the **Book of Genesis of Humanity " the Bible "** relates this same epic, the narration was done in the language of the copyists and translators of these ancient times. They could not understand what was transmitted to them and they lacked the words to express such an adventure. Try to explain genetic manipulation and cloning with the state of mind and the language used just two hundred years ago. Time deforms everything if it is not accompanied by consciousness and science.

" **All men are imbeciles for lack of science ( Jeremy 10-14) "**

### **Apocalypse or the Age of Revelation**

Thanks to our ancestors' cultural heritage and accumulated scientific knowledge, we can now understand this last message. The Elohim ask that we build an embassy in order to greet them, if we wish, as a prelude to our entrance among the civilizations which have deserved the right to shine in the cosmos.

**RAEL, The Messenger of the Elohim. Conceived on December 25, 1945, born on September 30, 1946 in Vichy (France), Rael had a happy childhood with his mother, his grandmother and his aunt. After having dedicated his time to poetry and music, his passion for automobile racing led him to participate in races as a pilot and to become a sports journalist.**

Married, with two children, his life took a dramatic turn when on December 13,1973, while walking in the crater of an ancient volcano in Auvergne, he saw an engine in the shape of a flattened bell descend from the sky which made no noise and seemed to weigh several tons. This meeting with the figure who came out of the engine brought him to travel around the four corners of the earth to make known the Elohim's extraordinary message. After having created the Raelian Religion, he gathered people from all different countries who would then spread this message themselves wherever they were. On October 7,1975, he was physically contacted again by the Elohim. They brought him to their planet, where he was given to greet them. **If you feel concerned by this message,** help Rael accomplish his mission and prepare yourselves to greet the Elohim.

### **WHY DID THE ELOHIM CHOOSE HIM ?**

Why didn't the Elohim give the Messages to a Head of State or to a great leader of the human community? Why did they choose a young man that nothing seemed to pre-destine to accomplish such an extraordinary mission? Imagine the representatives of an extraterrestrial civilisation coming near Earth and observing us some time before contacting us officially. They would listen to our radio broadcastings; they would capture our TV channels and would undoubtedly have a look here and there to see what we make of our days. Which pictures do we give of ourselves? The planet they are looking at is a world in delirium! In what could be a small paradise: children are dying of hunger, young people are committing suicide. Here and there, wars, mines, ethnic purification. Violence and drugs elsewhere. Intolerance everywhere. We are sitting on a human time-bomb. Millions of children are obliged to work under conditions, which mean refusing them the right to be children. These works often lead to chronic diseases, eye injuries, physical or intellectual backwardness and even in numerous cases to a premature death.

According to estimations, the number of working children is superior to 100 million in only India, Pakistan and Bangladesh. In Africa and South America, about 20% of the children work. Is it normal that in Brazil more than 200,000 children live on the streets? It is estimated that 100 millions of young girls, most of them in Africa, are the victims of sexual mutilations such as excision and infibulation. "Earth can provide enough to satisfy everyone's needs but not everyone's greed". (Mahatma Gandhi). Two worlds are living together on Earth, the rich are getting richer and richer and the poor who have nothing are the witnesses of waste on their TV. The inhabitants of poor countries watch the rich and opulent world through their TV screen.

Decision-makers are themselves hypnotized by the expression of growth measured in absolute value. The world is in a phase of polarization with a deeper and deeper gap between the poor and the rich worldwide. Out of the 23,000 billion dollars (representing the world GNP in 1993), 18,000 billion came from industrial countries as opposed to only 5,000 billion from under-developed countries. The latter, however, is composed of 80% of the global population. Currently on the planet, 358 individual billionaires' fortunes are superior to the accumulated yearly income of 45% of the planet's poorest inhabitants. In the last thirty years, the share of income of the 20% of the poorest people in the world went down from 2.3 to 1.4%. At the same time, the share of the 20% of the richest population rose from 70% to 85%. In the last 30 years, the proportion of people living in countries with a yearly growth superior to 5% has more than doubled (going from 12% to 27%) but the proportion of the world population with a negative growth of this income has more than tripled (going from 5% to 18%).

In Europe and in developed countries, life expectation at birth is about 75 years old. Japan holds the record with 79 years old, followed by Switzerland, Sweden and Iceland: 78 years old. But do you know the situation in other countries? In Sub-Saharan Africa life expectation drops to 50 years old, the record is held by Sierra Leone at 39. In France in 1994, 12.000 suicides were successful! (In comparison: 8,400 people died from road accidents). There is one suicide

every ten attempts. In Western Europe it is estimated that 90,000 suicides were committed during this same year. A successful suicide is committed every 5 minutes and a suicide attempt every 30 seconds...

Since 1945, until the end of World War II, there have been one hundred conflicts which have caused about 21 million deaths (38,000 per single month). Today, 120 Angolan people, 300 Cambodians and 80 Afghans people are killed or injured by antipersonnel mines every month. The delivery of weapons, made in rich countries and destined to under-developed countries represented 165 billion dollars between 1986 and 1990. On television as well as in the newspapers, violence has become second nature. Children learn how to kill at the youngest age with toys that are given to them to show them how to do it.

Fanaticism is a success. In Egypt, Fatwa which is promulgated by Cheikh Omar Abdel Rahman makes armed robbery, including killing, legal when necessary against the 'Christian unbelievers and impious state'. In Pakistan, intellectuals, like Salman Rushdi, are sentenced to death. Even France does not respect the Universal Declaration of Human Rights. A right to persecute minorities is emerging. In the Bavarian State in Germany, members of the Church of Scientology are no longer allowed to have administrative jobs. A declaration of religious membership has to be signed to become employed by administrations. We are in the midst of a complete regression, you would think we were back in the times of Hitler with the hunting of the Jews. What kind of look can extraterrestrial visitors cast upon us ?

We are on a suffering and miserable planet. We are on the planet of the apes who worship the 'golden monkey', the Darwinian one! What credit can they give to the ones representing us? The leaders of this planet are responsible for the state of suffering and despair in which we live. Political life offers an appalling spectacle. The aim of politicians is always power with its advantages, the success of the country being a subordinate cause. They claim to devote themselves to their country but it is rather the country which devotes itself to them. In France, almost every month, a political leader's name is mentioned in the press in a case of corruption, in the embezzlement of public money or even in receiving stolen social properties or traffic of influence.

The only way to get out of it is to help everyone raise their level of consciousness and to speed up the coming of the Elohim on Earth. The emotional shock will be such that billions of people will say: 'That's enough! We cannot stand it anymore ! Let us change our life references! The Elohim created us so as to be happy, to blossom and, in turn, to become creators. The time has come for everyone to become aware of it. The Elohim do not trust our leaders and they are absolutely right not to do so. They gave Rael the mission, rather than someone else, because they conceived him for it. To make the Messages known in this crazy world in which we live, is a mission that needs an exceptional character, a fighting and tenacious winner's disposition. It also needs a level of awareness and a look full of love that nobody among us had.

Rael reminded us of the conditions of his coming on October 7th 1995 in Brantôme: *'Remember the Elohim have the genetic identity card of each human being on Earth and that is so since the first human beings they made. They own 100% of the genetic card of the billions of people who populated our Earth. It is therefore easy for them, as they possess half a genetic code to find another one, so that by combining them, the resulting being could have some qualities allowing him or her to accomplish a mission at a given time. That was true 2000 years ago, it is still true today and that is the reason why I am here.'*

### **THE ELOHIM'S MESSAGES, WHAT FOR? Appearing to be or being, is that the question ?**

Our society has brought economic values to the first rank. This has been done in detriment to our well-being, to the physical and spiritual opening of the individual and the group. The sage and the philosopher have disappeared from our society. From birth till death, Man runs after money. Those who are the most listened to are the people who have amassed fortunes. They are considered as examples. To resemble them, humans give their time and their lives, which they lose by cultivating "HAVING", therefore "APPEARANCE" rather than "BEING".

### **What do the Elohim's Messages Propose? Demystifying beliefs**

To become conscious at the earliest age that plurality of beliefs is the way for a society to function at its best : if there is no predominance of one philosophy over the other, racism is no longer possible.

### **Rehabilitating the human being to his/her true dimension**

Man is not made to serve the economy, but the economy to serve Man. The individual does not ask to be born, therefore society should allow each individual to benefit from a Minimal Existence Revenue without having to work for it, which assures housing, food, clothing, education and information. Freed from the worries of survival, the individual can develop his/her personality to obtain his/her true dimension in society.

### **Taking away the guilt in the mind of Man by giving Him back the esteem of His body**

The awakening of the mind goes through the awakening of the body, whereas for several millennium, most religious cultures have made Man guilty of everything which touches on the body on a medical and sexual level. Certain parts of the body are forbidden to surgical, medical or preventative treatments (interventions on the brain, contraceptive pills, condoms, etc.). It is essential for Humanity to come out of this mystic and sometimes criminal plague.

### **Encouraging Humanity to continue in its progression**

By developing technologies and robotics, by starting to reorganize the structures of the global society towards a distributive economy, Man can quickly reach his material and spiritual accomplishment. This necessarily means achieving a global vision of the right to pleasure.

### **The fundamental value pruned by the Elohim's messages:**

**"The accomplishment of the individual",** whether it be individual or in a social group. **Nowadays, human beings are immersed in permanent suffering caused by the abhorring and obsolete rules of society. The Messages invite us to think of models of society which put the system and technologies at the service of Man, so that he/she can**

**finally dedicate him/herself to what he/she was conceived for: To think, to create, to blossom, to love, to seek pleasure with the utmost respect for others.**

"A society which lacks pleasure and which suffers is a sick society whose survival is threatened... Pleasure is an indispensable function for the balance of the individual and the collective." Daniel Chabot, Professor in Psychology, *Pleasure and Consciousness* (Editor Quebecor, 1993).

### **Teaching Human Rights: the first step to rehabilitating Man**

Humans once created a charter which protects Man from the malevolence of others : **THE HUMAN RIGHTS** This charter is rarely if ever taught in schools and is not really applied. A civilization which wishes to detach itself from primitive behaviours (narrow vision and egocentrism, extremism, fanaticism, and the desire to dominate others), must define rules which contribute to the respect and dignity of Man. It is essential to teach these values and this charter at a very early age. Because how do we expect to put in practice something which was never taught?

**Adopting a panoramic, non-sectarian and non-fanatic vision of our world. Respecting and especially loving eachother's differences.**

The Declaration of Human Rights is the text written by Man which applies the best to the Message transmitted by the Elohim. This charter which is already contained in the Message, invites the individual to adopt a panoramic, non-sectarian, and non-fanatic vision of our world. It brings him/her to naturally respect and better yet, to love eachother's differences.

### **THE VALUES PRONED IN THE ELOHIM'S MESSAGES**

#### **A RULE OF PROGRESS FOR HUMANITY**

- Responsibility
- Absolute respect for life

#### **VALUES OF RESPECT**

- Self-respect
- Self-love
- Respect for others

#### **VALUES OF FRATERNITY**

- Non-violence
- World peace
- Sharing
- Democracy

#### **A RULE FOR THE PROGRESS OF HUMANITY RESPONSIBILITY**

- " All persons are responsible for their acts, even when they are merely obeying orders which are given under any form. The person who pulls the trigger is as responsible as the person who gives the orders to fire, and this is true in all circumstances." RAEL
- " Do not obey any orders, regardless of what it may be and of who gave the order, if it is contrary to your conscience ". RAEL
- " If Rael himself, or the Elohim ask you to execute something which is contrary to your conscience, do not do it". RAEL

With these principles, no leader can force an individual or a people to execute acts which go against their fellow Man.

#### **ABSOLUTE RESPECT FOR LIFE**

Even if a power in place made us believe that by executing one man, we could save the whole of humanity, we must not kill that person. The life of one non-violent human being is more precious than all of humanity. " With this rule, no more massacres, no more crimes against humanity, no more holocausts are possible". RAEL

#### **VALUES OF RESPECT**

##### **Self-Respect**

" Drugs, alcohol, tobacco, and coffee are forbidden. All these substances destroy our genetic code, weaken our immune system allowing diseases to infect us, and worse yet, they create defects for the future generations to come ". RAEL

##### **Self-Love**

" Stress created by a lack of consciousness, guilt, and fear make our body secrete toxic substances which alter our health and the genetic code of our children procreated under these circumstances. Self-love means refusing this stress. The best and the less costly means is to train our body and mind to be in harmony thanks to relaxation and conscious raising exercises : Sensual Meditation. " RAEL

##### **Respect for Others**

" Tolerance is not enough : to tolerate is to accept eachother's differences without enthousiasm, and can change if our opinion of these differences disturbs us. On the contrary, the love of differences means encouraging others to be different from us and to live their differences fully, whether it be racial, cultural, religious, sexual or genetic." RAEL  
" If all human beings were alike, the world would be a very boring place. The more others are different from me, the more I am enriched by them. A rich humanity is a humanity full of differences. " RAEL

#### **BROTHERLY AND SISTERLY VALUES**

##### **Non-violence**

" Threats of violence must be punished as severely as the act itself, because they lead to believe that the individual who makes the threat thinks his/her point of view can triumph through violence. " RAEL

## World Peace

" We must do away with all the national armies in the world, to create a genuine global government and army consisting of soldiers who will be the guardians of peace on the planet. Governments must assign their military budgets to the fight against world hunger. If they organized telethons to finance their own national armies, they would surely not recuperate very much..." RAEL

## Sharing

" Every person has the right throughout his/her entire life to food, to housing, to decent clothing, to receive an education, even if that person does not work. Those who do work have the right to luxury, the indispensable motor for the progress of humanity. The luxury awarded being proportional to the work done and to the progress made for society." RAEL

## Democracy

Democracy is the only means possible for an acceptance by every individual of any new political system. Raelians hope to see the day for a system where the government will be in the hands of philosophers, of scientists and of men and women with good common sense and wisdom.

## THE ELOHIM'S TEACHINGS

### THE KEYS TO THE OPENING OF AN INDIVIDUAL

These texts are the keys which open minds that have been kept closed in a dark plague for millenniums. Human society fears the unknown. It fears what is behind the door of the unknown, even if it is happiness through the search for truth. Human society prevents some people from opening this door. It prefers to stay in its misery and its ignorance. This is another obstacle in front of the door through which the mind can free itself. But as Gandhi once said: "**It is not because no one sees the truth that it becomes a mistake**" So, if you try to open this door, ignore the sarcasms of those who have not seen or of those who having seen, pretend to have seen nothing for fear of what they do not know.

## MAN

**There is the right thought, the right word and the right action.** We constantly react to events and to non-events which surround us. Our reactions are equal in quality to our level of consciousness. To elevate our level of consciousness and to keep our harmony, one must always **consider things in relation to four levels**, the first being :

- **in relation to the infinite**
- **in relation to the Elohim's Message**
- **in relation to human society**
- **in relation to the individual**

### In relation to the infinite:

The most important level is the one in relation to the infinite. It is in relation to this level that we should judge all things with the constant of : love, therefore in relation to others to whom we must give love, because we must live in harmony with the infinite, thus in harmony with others, who are also a part of the infinite.

### In relation to the Elohim's Message:

Then, we must keep in mind the advice given by the Elohim, our creators, and make sure human society listens to the advice of the beings who created them.

### In relation to human society:

Then, we must keep in mind the society, which has permitted, which permits and which will permit Man to blossom on the road to truth. We must keep it in mind but not follow it, we must, on the contrary, help it come out of its primitive plague by constantly questioning its habits and traditions, even if laws support them, laws which only seek to close the minds in the grips of obscurity.

### In relation to the individual:

Finally, we must keep in mind the opening of the individual, for the mind to reach its full potential. It is the only way to be in harmony with the infinite and to become a New Man

## CONCEPTION AND BIRTH

**To have a child is too important to leave to a pulsion or to chance.** When two individuals have really opened up, then they can consciously consider the desire to conceive a child. " Only have a child when you yourself have fully developed, so that the being you conceive is the fruit of two fully opened beings..." RAEL

### Never impose any religion on a child

"One must neither baptize, nor circumcise, nor force upon the child any act which he/she has not accepted. One must therefore wait until the child has reached an age to understand and to choose, and then if a religion interests him/her let him/her freely adhere to it." RAEL

**One must immediately make the child accustomed to respect the liberty and well-being of others...** " ... to make the child feel at a very early stage in development that he/she reaps the pleasure or displeasure which he/she has generated ". RAEL

### Parents must understand that children are above all individuals & that no individual must be treated as a child.

Even our creators do not treat us as children but as individuals, which is why they do not intervene to help us directly to resolve our problems. They let us overcome obstacles we encounter by our own individual reflection. When a birth is not desired:

### There is education and contraception

Contraceptive methods exist (pills, condoms, means of control, etc.) which effectively control pregnancy. It is absolutely necessary to educate children about the use of these methods, in order to make them responsible as soon as



possible.

### **Abortion is a final measure**

Nowadays, the possibilities for happiness and opening up offered by our society are immeasurable. It is finally possible to choose the time when we would like to have and greet a child. If, by misfortune, a being is conceived without having been desired (forgetting to take the pill, a tear in the condom, rape...), the means put forward by science are permitted and free of risk if they are performed by competent people. No moral or religious principle must hinder a woman in her choice to keep the child or not.

### **There is no soul, but there is a marvelous genetic program**

The first humans, our ancestors, were created scientifically by voluntary genetic manipulations, desired by humans from another planet. Our essence is by no means divine. There is no soul in us. There is a **biological program**, comparable to computer instructions, which make us human and capable to enact rules of society. Contraception and abortion are choices which we can conceive without guilt and which we can regulate as many countries have already done. Do we not want to see individuals who are radiant thanks to the love which was given to them at their conception?

### **EDUCATION**

#### **The opening up of a child comes through his/her own choices**

Teaching a child to open up by him/herself is the educator's first role (parents and teachers). They should teach children to always take the necessary distance from whatever the society and schools want to teach them. It is important to let children take whatever orientation they wish and to help them, because the most important thing is their development.

#### **Knowledge of diversity opens the child's mind**

- " You shall explain to the child that it is preferable to judge things in successive order in relation to the infinite, in relation to our creators, in relation to society, and in relation to him/herself "
- " You shall not impose any religions on your child, but you shall teach him/her the diverse beliefs which exist throughout the world without bias, or at least the most important ones in chronological order : Judaism, Christianity and Muslim religion "
- " If you can, you must try to learn the grand ideas of the oriental religions in order to explain them to your child. Finally, you must explain the grand ideas of the Message given by the Elohim to the last prophet "
- " You shall teach your child to especially love the world in which he/she lives, and through this world our creators " RAE (The True Face of God)

#### **Respect for others**

" The little being which is still a human "larva", must be accustomed to respect the liberty and tranquility of others in its early childhood " RAE (The True Face of God)

#### **Regrets are not enough to be pardoned...one must remedy**

" You shall teach your child that the bad we do to others cannot be repaired by confession nor absolution once it is done, and that one should not believe that it is enough to believe in a god or in the Elohim once death approaches to have the right to eternal life ."

" You shall teach your child that we are judged for what we do all along our life and that the road which leads to wisdom is a long one and that it takes a whole lifetime to sufficiently be engaged in it..." "

RAEL (The True Face of God)

### **SENSUAL EDUCATION**

To be sensual, is to let the environment you are in give you pleasure. The discovery of self, an important step on the road to the awakening of the mind. The awakening of the body goes hand in hand with the awakening of the spirit. By neglecting one's body, the mind is also being put to sleep. Sexual education is very important, but it only teaches the technical functioning of the organs and their use. Sensual education allows us to learn to take pleasure with our organs, by seeking only pleasure, without necessarily using the functions they were designed for... To only explain what organs are for, is like saying that music is used to march, or that writing is only used for letters of request...

#### **Blossoming**

**An individual must seek his/her blossoming according to his/her aspirations, tastes and tendencies without worrying about what others think as long as he/she does not harm anyone else.**

Everyone's life rests on a tripod :

- the professional level
- the philosophical level
- the affectionate-sexual level

In order for the individual to reach accomplishment, it is necessary to construct one's life while maintaining a healthy balance between these three levels

**If you wish to do something, first make sure that it does not harm anyone else, and then do it without worrying about what other people think.**

### **SENSUAL MEDITATION**

**Man is linked to the infinite which surrounds and composes him by his captors, the senses**

To awaken one's senses is to awaken one's brain. This is the principle of Sensual Meditation. To meditate sensually is to train your senses to feel more PLEASURE in order to fully enjoy sounds, colors, smells, saveurs, caresses, and more specifically one's sexuality with all the senses. To meditate is to put our body in harmony with the infinite environment which surrounds and composes us, so that the mind benefits from the greatest comfort to develop its inner feelings and creativity. Meditation is a prayer addressed to oneself, to one's brain.

## **SENSUAL MEDITATION EXERCISE**

### **A place to meditate**

Sensual Meditation allows us to achieve a high level of harmony with the infinite. For this, it is absolutely necessary to set up a space for the sensual meditation. Works of art, tapestries, paintings, posters, sculptures which evoke love and harmony are welcome in this space, this being for the pleasure of sight. Pillows and furs to satisfy the touch. Perfumes for the pleasure of smell, and a pleasant music for the pleasure of sound. The pleasure of the palette can be stimulated by fruits and quality foods. The space for meditation is ready to greet you.

### **To relax oneself and breathe**

With your eyes closed, lying down, you soak in the ambiance of the space. Softly, breathe consciously, and increase the deepness of your breath. Keep this respiratory rhythm for seven or eight minutes, as oxygen is essential to succeed in this exercise.

### **To feel your body and a voluntary action**

Allow your breathing to come back to normal and **imagine a wave of heat** penetrating your body, starting from the base with your toes, and which rises slowly, at your rhythm, until you reach the solar plexus. Create another wave of heat at the ends of your hands and make it rise along your arms until the solar plexus. From there, make the heat rise to your throat with your imagination, then over the face to finally reach the summit of your head. In the middle of your forehead, imagine a spiral rotating around your head, "forehead, right temple, back of the head, left temple" and slowly penetrating the inside with this same movement until it reaches the center of your brain. This is where a gland lies, which secretes balancing substances for the organism, thus creating harmony with the infinitely small which composes us. After a few minutes of this exercise, go back through this spiral in the opposite direction until you reach the initial point, in order to become conscious of what surrounds you.

### **A vision of the space which surrounds us**

Now that your body is in harmony with the matter which composes it, your mind can feel the neighboring environment. Now **visualize** the neighboring countryside, and then imagine yourself in a spatial voyage above the continent, above the planet, beyond the solar system and the galaxies to feel the tranquility of infinite space. At that moment you should feel an intense joy, for you are in harmony with the infinitely big which surrounds you.

### **The atoms and the galaxies, a harmonious movement**

Your psychic consciousness allows you to feel the harmony which reigns in the infinitely small and the infinitely big and allows you to be in total harmony. You are the consciousness of infinity expressing itself through pleasure.

### **The harmony within you**

When you have soaked in enough harmony, all you have to do is slowly come back to your level on earth, conscious of your body and mind which are one. Once you have assimilated this process of Sensual Meditation taught by Rael, repeat the exercise every day, preferably in the morning.

## **THE ARTS**

The society which is now surfacing will allow more room for leisure activities and for the expression of each person's talents in all fields in the next few years to come. We are entering an era of leisure activities, of art and of the genuine values of the individual : " Consider every natural thing as an art and every art as a natural thing "

" You shall do everything in your capacity to encourage artists & to help your child if he/she is drawn towards the arts "

" Art is one of the best expressions to put ourselves in harmony with the infinite "

" All art is inspired by harmony and therefore permits those who appreciate it to become invaded by something which is harmonious, thus creating the condition to put oneself in harmony with the infinite " (RAEL. The True Face of God)